

NCCEA Dean and Directors Health Summit

Preventive Health and Self-Management Education

June 4-6, 2024, Kansas City

[Agenda (Streamlined version) 4/10/24]

Summit Purpose

- To identify multistate opportunities for enhancing (new and existing) programs and expanding our partnerships within our universities and with external entities.
- To highlight programming and partnerships that we deem worthy of scaling up and out, which goes beyond sharing ideas.
- To recognize exemplary efforts while elevating those that have potential for strengthening state and multi-state programming on health and wellbeing.
- To focus on innovation and creativity that carries Extension, and particularly the north central region, forward.

Proposed Outcomes

1. Identify key areas of current success where Extension is engaging in Preventive Health and Self-Management Education.
2. Engage with Public Health experts to view Extension and its potential support and expertise through the lens of public health.
3. Identify (up to three) key multistate initiatives that NCCEA can pursue regarding Preventive Health and Self-Management Education.

General Outline

- Day 1 - [½ day, noon-to-5p]: Internal discussion among Directors will focus on sharing ideas for supporting and expanding current activity, addressing organizational culture and structural changes that are needed, motivating faculty and staff, and growing internal and external partnerships.
- Day 2 – [full day]:
 - Internal subject matter/policy specialists invited to participate. Speakers would be asked to address specific topics and ideas. Within those specific topics speakers will be asked to address what is working, what are our core areas of strength, areas of need, what does cross-program area collaboration look like.
 - Strategic partners have been invited that to highlight the greatest opportunities for transdisciplinary work. We are looking for their perspectives and insights as to how to enhance partnering with Extension.
- Day 3 - [½ day, until noon]: Internal discussion among Directors will collate and prioritize strategic initiatives that would advance Preventive Health and Self-Management Education within the NCR.

Streamlined Working-Agenda

June 4, Tuesday (Attendees: Deans/Directors, only)

12:00 pm – Lunch and reestablishing networks and working relationships

1:00 pm – Welcome, Introductions and review of desired outcomes

1:15 pm – Finding the Bright Spots - Facilitated discussion on Public Health and Self-Management Educational efforts in North Central Region.

2:30 pm – Break

3:00 pm – Small group discussions on barriers and opportunities.

4:30 pm – An overview of what happens tomorrow (June 5).

5:00 pm – Break

6:30 pm – Informal Dinner (Call Robin for information: 608.358.8768)

*Those arriving by this evening are welcome to join the Deans/Directors as they venture out to the Country Club Plaza for dinner. Some informal conversations “may” continue at the hotel following dinner.

June 5, Wednesday (Attendees: Open for all. Deans/Directors, 4 Regional Program Chairs, and invited partners)

8:00 am – Brief re-cap of Director Discussions of June 4.

8:30 am – PANEL #1: Internal Expertise Presentations

- Transitioning From Traditional FCS to Health & Wellbeing (Director Lead: Angie Abbott; with Sarah Wiehe)
- Social determinants of Health, Access, DEI (Director Lead: Quentin Tyler; with Cheryl Eschbach)
- Preventive Health Care, Community Health Specialists (Director Lead: Chad Higgins; with Kathleen Quinn and Lisa Washburn)

10: 00m Break

10:30 am – Speakers reconvene as a Panel (group discussion and questions among panelists, and from the Directors). This is intended to provide reflection on the expertise presentations, what do presentations indicate about future direction in our region, are

there opportunities for shared responses, what does it tell us about our current structure, etc.)

12:00 pm – Lunch for Deans and Directors, morning guests and afternoon guests

1:00 pm – Home office check in

1:30 pm – PANEL #2: Partnership Opportunities Among Public Health Providers and Cooperative Extension.

- School of Public Health - Matthew Nonnenmann, MS,PhD, CIS UNMC
- County Public Health – Spring Schmidt, Missouri Center for Public Health Excellence.
- Extension from the inside
 - Margarita Teran-Garcis, MD, PhD, Illinois Extension
 - Maria Cantu-Hines, MD, Nebraska Extension

3:30 pm – Break

4:00 pm – Speakers reconvene as a Panel (group discussion and questions among panelists, and from the Directors). This is intended to identify multi-state opportunities.

5:00 pm – Break for communication with home offices.

6:30 pm – Social Dinner and informal discussions amongst attendees.

June 6, Thursday (Attendees: Deans/Directors, only)

8:00 am – Brief re-cap of previous day and capture of reflective thoughts

8:30 am – Facilitated Discussion on Collective Opportunities.

- What are big ideas we want to pursue?
- What are the best opportunities for funding and/or developing partnerships to fulfill our (1-3) big ideas. And, what specific actions need to be taken ASAP (e.g, who will do what and by when?).

12:00 pm End meeting

Working Draft 4/10/24