

## **NCCEA Dean and Directors Health Summit**

*Preventive Health and Self-Management Education*

June 4-6, 2024, Kansas City

*[Updated 5/28/24]*

### **Summit Purpose**

- To identify multistate opportunities for enhancing (new and existing) programs and expanding our partnerships within our universities and with external entities.
- To highlight programming and partnerships that we deem worthy of scaling up and out, which goes beyond sharing ideas.
- To recognize exemplary efforts while elevating those that have potential for strengthening state and multi-state programming on health and wellbeing.
- To focus on innovation and creativity that carries Extension, and particularly the north central region, forward.

### **Proposed Outcomes**

1. Identify key areas of current success where Extension is engaging in Preventive Health and Self-Management Education.
2. Engage with Public Health experts to view Extension and its potential support and expertise through the lens of public health.
3. Identify (up to three) key multistate initiatives that NCCEA can pursue regarding Preventive Health and Self-Management Education.

### **General Outline**

- Day 1 - [½ day, noon-to-5p]: Internal discussion among Directors will focus on sharing ideas for supporting and expanding current activity, addressing organizational culture and structural changes that are needed, motivating faculty and staff, and growing internal and external partnerships.
- Day 2 – [full day]:
  - Internal subject matter/policy specialists invited to participate. Speakers would be asked to address specific topics and ideas. Within those specific topics speakers would be asked to address what is working, what are our core areas of strength, areas of need, what does cross-program area collaboration look like.
  - Strategic partners may be invited that can highlight the greatest opportunities for transdisciplinary work. This may include medical colleges, CDC and community health collaborators, and public health professionals. We are looking for their perspectives and insights as to how to enhance partnering with Extension.
- Day 3 - [½ day, until noon]: Internal discussion among directors would collate and prioritize strategic initiatives that would advance Preventive Health and Self-Management Education within the NCR.

## **Proposed Agenda**

### **June 4**, Tuesday (Attendees: Deans/Directors)

12:00 pm – Lunch and reestablishing networks and working relationships

1:00 pm – Welcome, Introductions and review of desired outcomes

1:15 pm – Finding the Bright Spots - Facilitated discussion of what is working within our institutions with regard to Public Health and Self-Management Educational efforts

2:30 pm – Break

3:00 pm – If resources were no problem, what would we do? Strategic dreaming. What prevents us from doing this? Start together, break into smaller groups to focus

4:30 pm – Summarization of the day  
    Look who's coming in tomorrow  
    What do we want to cover with them  
    How do we go where we've never gone before?

5:00 pm – Break for communication with home offices

6:30 pm – Social Dinner

8:00 pm – Informal discussions amongst Deans and select invitees.

### **June 5**, Wednesday (Attendees: Deans/Directors, Regional Program Chairs, and invited partners)

7:00 am – Breakfast on your own

8:00 am – Brief re-cap of previous day and capture of reflective thoughts

8:30 am – Internal Expertise Presentations

- The Challenges of transitioning from traditional FCS to a Health & Wellbeing focus (Angie Abbott/Sarah Wiehe)
- Social determinants of Health, Access, DEI (Quentin Tyler/Cheryl Eschbach)
- Preventive Health Care, Community Health Specialists (Chad Higgins/ Kathleen Quinn and Lisa Washburn)

10:00 am Break

10:30 am – Speakers reconvene as a Panel (group discussion and questions among panelists, and from the Directors). This is intended to provide reflection on the expertise

presentations, what do presentations indicate about future direction in our region, are there opportunities for shared responses, what does it tell us about our current structure, etc.)

12:00 pm – Lunch for Deans and Directors, morning guests and afternoon guests

1:00 pm – Home office check in

1:30 pm – How does Public Health View Future Involvement with Extension

- School of Public Health - Matthew Nonnenmann, MS,PhD, CIS UNMC
- County Public Health – Spring Schmidt, Missouri Center for Public Health Excellence.
- Extension from the inside
  - Margarita Teran-Garcis, MD, PhD, Illinois Extension
  - Maria Cantu-Hines, MD, Nebraska Extension

3:30 pm – Break

4:00 pm – Speakers reconvene as a Panel (group discussion and questions among panelists, and from the Directors). This is intended to identify multi-state opportunities.

5:00 pm – Break for communication with home offices.

6:30 pm – Social Dinner and informal discussions amongst attendees.

**June 6**, Thursday (Attendees: Deans/Directors)

7:00 am – Breakfast on your own

8:00 am – Brief re-cap of previous day and capture of reflective thoughts

8:30 am – Facilitated Discussion

- Where are some of our collective opportunities?
- What might be hindering us?
- What are (1-3) educational opportunities (big ideas) we want to pursue?
  - What is the timeframe?
  - What are the milestones?
  - Who do we want to communicate our successes to?
- What are the best opportunities for funding and/or developing partnerships to fulfill our (1-3) big ideas. And, what specific actions need to be taken ASAP (e.g, who will do what?).

12:00 pm End meeting

*Updated 5/28/24*